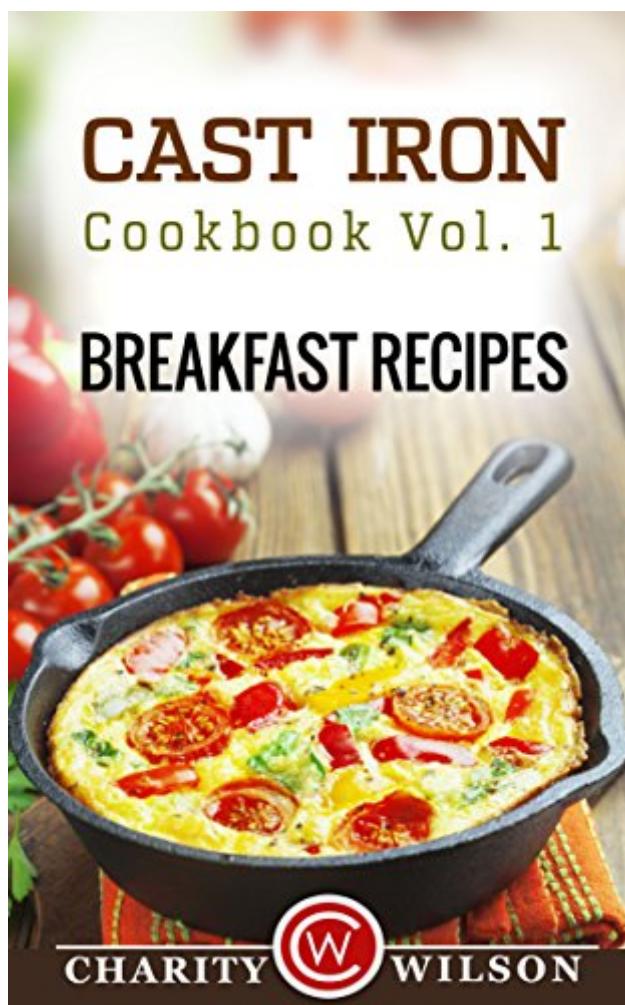


The book was found

Cast Iron Cookbook: Vol.1 Breakfast Recipes (Cast Iron Recipes)



Synopsis

Then just write out the recipes you love in a Blank Book Billionaire blank recipe book. You can find some great options by searching My Recipe Journal right here in .Cast Iron Cookbook Recipes Just For You

Cast iron skillet cooking is making a serious comeback finally. Cast iron has always been known to have even heating, great heat retention and is so versatile you can use it on a grill, toss it in the oven or even use it over an open flame. Yet very few people were using it. Some people claim to have been handed down cast iron cookware that is 150 years old. That is amazing. Maybe a bunch of grandmas got together and decided it was time to revive cast iron cooking from the slow death it was experiencing. Who knows and really who cares, you just want to eat great tasting food.

What's So Great About Cast Iron Cookware

For starters, there is the nostalgic feeling you get cooking with them if your family were avid users when you were a kid or those grandparents you only saw once in a while. The flavoring is just better in cast iron as it seems to release its own unique taste. It somehow captures the aromas of many delicious meals and melds it with whatever you are cooking.

Cleaning cast iron is not near as difficult as you have been led to believe. Just clean it while it is still warm instead of waiting until all the food is baked right on. You don't want to use soap on it and can just use hot water. Now if you love to cook and then soak your pans cast iron will not be your friend. You do not want to soak cast iron as it might rust and then you will really need to do some work. You do need to season your skillet after buying it which does take about an hour (instructions inside) but then you have a skillet that will last for years and years.

Cooking with cast iron is more convenient than traditional pans. You can start the recipe on top of the stove and then finish it off in the oven without changing anything. Just slide the skillet in. Or put the pan right in the oven to start and when it is done serve it right from the pan. Who needs casserole dishes? You can essentially make any recipe you can imagine in a cast iron skillet.

Would You Like Even More Recipes? You should always have a variety of recipes at your fingertips which is why you will want to check out all the cookbooks in the series:

Cast Iron Cookbook Vol. 2 Lunch Recipes
Cast Iron Cookbook Vol. 3 Dinner Recipes
Cast Iron Cookbook Vol. 4 Dessert Recipes

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Customer Reviews

Well, I am pleased with cookbook for several reasons:1 There are quite a few SKILLET breakfast recipes that I like.2 The recipes in this book are quick and easy to prepare.3 The ingredients are regular everyday ingredients. I keep these in my kitchen so I don't have to run out to the grocery store.4 Yes this us a breakfast cookbook, yet these recipes work well for dinner and lunch.My favorite recipe of all was Southwest Breakfast Skillet. The breakfast pizza us wonderful as well.I highly recommend this cookbook.

Breakfast buffs take heed. This book is a winner. Making the morning meal in a skillet is great fun and yields some wonderful fare. This is the first in a series that will cover the entire day. There are tons of choices and the recipes are really delicious. That's what it's all about! Plus, you use one great kitchen item to do all the work. The Double Berry Pancakes are divine and the cinnamon rolls to die for. Try also the many egg dishes and oatmeal. You get nutritional info along with your instructions, so it is a nice all around book for homemakers. You could go for a year with the Sunday brunch ideas.

What an excellent cast iron cookbook! First the author explains how to well prepare your cast iron skillet for cooking which I never knew you could do; at least I never knew there was a certain way to do it. After you have well-seasoned and prepared your cast iron skillet, there are many delicious

recipes to try. This book has many great recipes for breakfast, my favorite (and most important) meal of the day!! love to cook and my favorite recipe in this book features my love for Nutella in this Banana Nutella Crepe. All I can say is "wow". It was absolutely mouthwatering! My husband was asking for more. This recipe book is an absolute gem and is highly recommended by me (cook and food-lover)!

I've loved my cast iron pan for years, but have only recently realized how many ways one can use it to create all in one pan meals, thanks to a good friend. There are lots of recipes here and every one of them appeals to me. To my surprise there are recipes for French Toast and Pancakes. I had no idea you could use a pan this way. The author gives instructions on how to season your pan and almost sounds as if he isn't sure. He is right and his instructions are exactly how many of our mothers seasoned their pans for years. Great recipes I'm anxious to try many of them.

Cast Iron Cookbook is a great practical cookbook that's loaded with unique recipes that are easy to create. With 6 kids running around starving all the time, I can always use new recipes!! love the fact nutritional information is included- I'm a bit of a nutrition freak myself! Lol recommend you add this cookbook to your virtual recipe holder and let the author know your thoughts! Nicely done!

Cast-Iron cooking - nothing like it - everything you cook in cast-iron turns out really good. If you don't have a cast-iron skillet, you really should get one. You won't be disappointed. You would be surprised what you can cook in Cast-Iron.

Its ok. I purchased all her books and have been disappointed. I was looking for different ways to use my cast iron. Most of these recipes I have they are just 'cooked' in cast iron. These are very basic.

Pizza for breakfast that isn't a cold left over piece of take out?? YEP!!! AND it's....AMAZING!! Along with all of the other recipes I have tried from this book!! This makes waking up fun....and yummy!! So good- thank you!

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